

WHAT'S NEW AT AIA VITALITY IN 2021

The new features and revisions will be rolled out progressively. Please refer to the member announcements for the exact launch date(s) and the AIA Vitality website at AIAVitality.com.sg for full details.

EXPANDED MARKETPLACE

NEW

Welcome **KrisFlyer** and **Mr Bean** to the Marketplace! With your Vitality coins, you can now redeem from a wider selection of exciting partner rewards.



From 15 April 2021



Coming soon in June 2021

INTRODUCING OUR NEW NUTRITION PARTNER holmusk

NEW

Enhanced Nutrition Offerings

We have partnered with Holmusk to bring you the following new in-app features to help you eat well and live well!

Food Diary From 15 April 2021

Log your food in the Food Diary to get a score and earn **5 AIA Vitality points daily!** This in-app feature is available on a campaign basis until June 2021.

In-app Nutrition Consult Coming soon in June 2021

Share your health goals and get tips from Holmusk's nutritionists during a 7-day in-app nutrition consult and earn 1,000 AIA Vitality points.



To reward and encourage you to stay healthy, AIA Vitality points for the following will be effective 1 June 2021.



ONLINE HEALTH ASSESSMENTS

	Previous	New
How Healthy Are You?	500 x 2	250 x 2
How Stressed Are You?	500 x 2	250 x 2
How Well Are You Eating?	500 x 2	250 x 2
How Active Are You?	500 x 2	250 x 2
Non-Smoker Declaration	500 x 2	No Change
How Well Are You Sleeping?	250 x 2	No Change
Total	5,500	3,500



BASIC HEALTH SCREENING

	Previous	New
BMI	750 + 750	500 + 1,000 [^]
Blood Pressure	750 + 750	500 + 1,000 [^]
Glucose	750 + 750	500 + 1,000 [^]
Cholesterol	750 + 750	500 + 1,000 [^]
Total	6,000	6,000

[^] Additional AIA Vitality points are awarded if readings are in the healthy range.



VACCINATIONS

		Previous	New
Flu Vaccination	ONCE PER YEAR	1,000	No Change
Hepatitis B	ONCE A LIFETIME	1,000	No Change
Hepatitis A*	ONCE A LIFETIME	N/A	1,000
Cervical Cancer Vaccination	FEMALES AGED 26 YEARS OLD AND BELOW	1,000	No Change
COVID-19 Vaccination*	ONCE A LIFETIME	N/A	1,000
Total		3,000	5,000

Addition of **COVID-19 and Hepatitis A Vaccination** to earn **1,000 AIA VITALITY POINTS**



NEW

* Vitality points will be awarded based on vaccination date which may be earlier than 1 June 2021. If you level up your Vitality status with the backdating of Vitality points, please note the following:

-- Insurance premium discount/ PowerUp Dollar: If you have already made premium payment or have received the premium payment notice for your AIA insurance plan(s) stating your premium discount based on your Vitality status, there will be no refund or adjustment of premium with the level-up status. The PowerUp Dollar for your insurance policy, if applicable, will be reflected on your Participating Policy Annual Statement/Fund Activity Statement. Please note that insurance premium discount/PowerUp Dollar is based on your Vitality status 45 days before the insurance policy anniversary.

-- Travel benefit: The travel benefit will be based on your Vitality status at the point of booking. For example, if you have already enjoyed the travel benefit based on Silver status at the point of booking, but now level up to Gold status with the backdating of points, there will no additional rebate/discount given.



OTHERS

	Previous	New
Dental Assessment	1,000	No Change
Fitness Assessment	750 + 750	500 + 500 [^]
Goals	6,000	No Change
Sleep Tracking	1,000	No Change
Exercise	15,000	No Change
Total	24,500	24,000



NUTRITION

	Previous	New
Nutrition Assessment	1,000	No Change
HealthyFood™ Purchase	4,500	No Change
Total	5,500	5,500

[^] Additional AIA Vitality points are awarded if readings are in the healthy range.

Information correct as at 15 April 2021.